**HORARIO CLASES DONNE FITNESS**

 **2018**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **LUNES** | **MARTES** | **MIERCOLES** | **JUEVES** | **VIERNES** |
| **10.30** | **Pilates Embarazada** |  | **Pilates Embarazada** |  |  |
| **11:30** | **Pilates post parto** | **Pilates post parto** | **Pilates post parto** | **Pilates post parto** | **Pilates post parto** |
| **12:30** | **Masaje infantil** | **Masaje infantil** | **Masaje infantil** | **Masaje infantil** | **Masaje infantil** |
| **17:00**  |  | **Pilates Embarazada** |  | **Pilates Embarazada** |  |
| **18:00** | **Pilates Embarazada****Pilates Embarazada** |  | **Pilates Embarazada****Pilates Embarazada** |  |  |
| **19:00** |  | **Pilates Embarazada** |  | **Pilates Embarazada** |  |
| **20:00** |  | **Pilates Embarazada** |  | **Pilates Embarazada** |  |

* **Centro preparación al parto Cemar ( Los Remedios)**
* **Gimnasio Areafit (Montequinto)**
* **Gimnasio Cuesta Sport ( Sevilla Centro)**
* **Centro Donne Maternidad ( Mairena del Aljarafe)**